



335 Penny Lane, Concord, NC 28025, 704-784-5901

WOUND CARE

The following describes what to do after your biopsy or surgery:

- Take Tylenol as needed for pain.
- Keep bandage dry for 24 / 48 hours.
- After 24 / 48 hours, wash the area with warm water and a mild soap, apply Vaseline and cover with a Band - Aid. KEEP THE AREA MOIST AND DO NOT ALLOW TO DRY! Please follow these instructions daily until proper healing has been achieved. You will not injure the wound site with this gentle cleansing.
- If your biopsy or surgery was around the eyes, nose or forehead, a black eye or swelling may occur. Apply a cold compress to the wound site to decrease swelling.

Please avoid the following to ensure a fast recovery:

- Avoid taking Aspirin, Ibuprofen, Motrin, Naprosyn, Goody's, etc. for 48 hours as these may thin the blood and cause bleeding.
- Avoid bending over with your head down. Sit over or bend your legs if you need to pick up something.
- Do not drive a car if we have given you a prescription for pain medication.

If you have any questions during office hours (8 am-4pm Monday thru Friday), please call 704-784-5901 and ask to speak with your physician's assistants.

After 4 PM or in case of an emergency call 704-512-4266 and ask to page the Dermatologist- On Call for the Dermatology Group of the Carolinas.