



335 Penny Lane, Concord, N.C. 28025, 704-784-5901

**Building A**

Surgery Date: \_\_\_\_\_

Surgery Time: \_\_\_\_\_

**How do I prepare for surgery?**

1. Please **discontinue** Vitamin E, multivitamins, and herbal products one week prior to surgery. These may thin the blood and cause excess bleeding, bruising, and swelling.
2. Please **continue** aspirin, Coumadin, Plavix, Aggrenox, Eliquis, Pradaxa or Xarelto. The risk of stopping the medication outweighs the risk of bleeding.
3. **If you take Coumadin**, please have your INR checked 1 week (\_\_\_\_\_) prior to your surgery and have results faxed to 704-785-8097.
4. Please arrange to have someone give you a ride to and from the office. You may not feel up to driving after the procedure. Or if your surgical site is near your eyes and you wear glasses, the bandage may not allow your glasses to fit well. It is also nice to have someone help you make decisions regarding the options for repairing the surgical wound.
5. Eat a good breakfast on the day of your surgery. Take your usual medications as directed by our staff.
6. Please do not wear any make-up. The entire face must be prepped in order to insure a sterile field- not just the area where we are working.
7. Most patients are able to return to work or resume most activities the following day. Of course everyone's tolerance to pain and recovery is different. Any restrictions will be addressed following your procedure.
8. If on the morning of your surgery you are unable to come, please call as soon as possible. You may leave a message if we are unable to answer your call. (704) 784-5901 ext. 3034.
9. If your appointment is scheduled for 6:30 AM, the Building-A doors are unlocked at 6:30 AM sharp and relocked until 7:40 AM for usual business hours.
10. Please call our office at (704) 784-5901 ext. 3056 if you have any questions.